

Final Exam Summer 2016

1. **Question** ACOA's are less at risk for later substance abuse problems because of their desire to avoid the same problems their parents encountered.

Answer

True

False

2. **Question** According to Gorski, how does the relapse process occur?

Answer

irrational thinking due to mistaken core beliefs about self, others, and the world reverses the recovery sequence

client contact with people, places, and things that promote AOD use

failure to maintain a spiritual network through attendance at Twelve Step meetings

the reinforcing properties of AODs becomes more powerful than the reinforcement from abstinence

3. **Question** Addiction is the same disease in men and women because it has the same course, etiology, and outcome.

Answer

True

False

4. **Question** Brief interventions are intended primarily to identify individuals who likely to have substance abuse problems prior to referral for more in-depth treatment.

Answer

True

False

5. **Question** Co-morbidity refers to:

Answer

having two terminal illnesses at the same time

refers to the likelihood that a disease will be fatal

describes two illnesses that occur at the same time

6. **Question** Far fewer white women drink than black women.

Answer	True
	<input checked="" type="checkbox"/> False
7. Question	Heavy drinking and associated social problems tend to decrease when African American men turn 30.
Answer	True
	<input checked="" type="checkbox"/> False
8. Question	In order to be successful in working with Native American clients, one should be aware of the following values: (Check ALL that apply)
Answer	<input checked="" type="checkbox"/> Time relates more to personal rhythms and is less linear. Nature needs to be controlled.
	<input checked="" type="checkbox"/> One should respect the natural forces of nature. The individual takes precedence over the group.
9. Question	Mental health professionals should always inquire about drinking patterns with their clients.
Answer	<input checked="" type="checkbox"/> True False
10. Question	Positive strategies for working with African Americans includes interventions that:
Answer	Go to the client Allow for drop-in clients Enforce strong limits with consequences to break through denial
	<input checked="" type="checkbox"/> A and B None of the above
11. Question	Self-help is treatment.
Answer	True

False

12. Question

The most significant obstacle for women attempting to enter treatment is:

Answer

denial

childcare

divorce

motivation

13. Question

The suicide rate among the elderly is:

Answer

about the same as the general population

significantly higher than the general population

significantly lower than the general population

14. Question

What statement best describes the Sociocultural Model of substance abuse (Stanton Peele):

Answer

Addiction is impacted by cultural norms regarding drinking and drug use.

Addiction is genetic, but may also have a cultural component.

Addiction is a disease that must be treated as such.

Twelve-step facilitation is the most appropriate model for treating addictions.

15. Question

Which is NOT a characteristic of codependency:

Answer

Feelings of hopelessness

Extreme dependence on approval of others

Lack of self-confidence

Lack of remorse

16. Question

Which of the following is true for women and alcohol?

Answer

the rate of incidence is the same as for males

their abuse has been overreported in the research

it is easier to diagnose alcoholism in women



None of the above are true

17. Question

Which one is NOT an alternative approach to self-help and recovery?

Answer



Women at Work

Saving Our Selves (SOS)

Many Roads, One Journey

Women for Sobriety

18. Question

Which symptom is **NOT likely** by **itself** to be an indication of a substance use disorder.

Answer

Physical withdrawal

Loss of control

Tolerance



School problems

19. Question

Women have lower rates of retention in treatment.

Answer



True

False

20. Question

Women lack _____ in their stomachs which results in more alcohol entering their bloodstream compared to a man.

Answer



alcohol dehydrogenase

serotonin

neurotoxin abelase

21. Question

Women who begin drinking at the same time as a man does will require treatment sooner.

Answer



True

False

22. Question

Younger people experience less severe hangovers.

Answer



True

False

23. Question

People who are elderly have a lower risk of suicide.

Answer

True



False

24. Question

When studying substance use in minority populations and cultures, aggregated data is a problem because it:

Answer

Only compares one group to another group.



Masks key differences within groups.

Differentiates small difference small differences with each diverse cultures.

I don't know, but this questions is very aggregating! (This is NOT the answer).

25. Question

Teenaged African-American males are likely to drink more, and then later, when they are over 30, drink less.

Answer

True



False

26. Question

The Federal Rule on confidentiality is generally referred to as:

Answer



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Confidential Redisclosure Prohibition

Client-Patient Privilege Act

Federal Addiction Realignment Act

27. Question

The two drugs that cause the most death are:

Answer

cocaine and heroin



tobacco and alcohol

methamphetamine and crack-cocaine

MDMA and LSD

28. Question

A father's drinking has less impact than a mother's drinking on children.

Answer

True



False

29. Question

Check **ALL** that apply, some signs and symptoms of codependency are:

Answer



Low self-esteem



Needing to be in control



Poor boundaries

Financial difficulties

30. Question

The concept of "No Wrong Door" refers to:

Answer

Cocaine and alcohol being treated together

AA meetings on site with Addiction Treatment



Getting help for individuals with co-occurring disorders