

RHAB 720 Syllabus Excerpt (see highlighted areas on pages 1 and 2)

3. Group Process Papers

Three (3) group process papers are included in this course. The purpose of these papers is to track your development with respect to group counseling knowledge and skills throughout the course. They are due **before the start of class** on the following dates: **Feb. 24, March 24, and April 14**. Late papers will not receive full credit.

Length: 3-4 typed pages. Each paper will have two parts. The first part (Section A) will be dedicated to your group experience and is the main part of your process paper. The second part (Section B) will be dedicated to the course readings and lectures.

Section A: (approx. 2 - 3 pages)

Observer's Report – This section should contain an observation report related to your group activities and the group's development. In order to protect the group members' confidentiality, do not identify other members by name. Topics include the following – and keep in mind you will know more about all of these topics as the course progresses:

- What does it feel like to be in your group?
- Do you feel as though you are experiencing barriers precluding you from fully participating in your group? If so, what are they? How might you overcome them?
- What membership styles/traits do you recognize in yourself and others?
- What leadership traits did you recognize in the co-leaders, yourself, or other members?
- **What stage do you feel your group is in? What evidence supports your choice?**
- What factors are holding your group back? What factors/influences are helping more forward? Again, be specific.
- What are the group norms concerning conflict, addressing goals, etc? What other group norms are developing in your group?
- What has your experience told you about your abilities to interact in a meaningful way with others?
- Have you learned anything about yourself because of this group session(s)?

To earn maximum points for this section of the paper [8 points], you must clearly demonstrate your understanding of the concepts of group process as discussed in class and in the readings. It is important to be specific and clear about what you are observing.

Section B: (approx. 1 page)

For the content of this section of your group process paper, select one or two key reactions/ideas you have had in relation to the classroom part of the class. Ideas include, but are not limited to:

- personal reaction to class lecture topics
- summary of salient or relevant concepts/topics from class or text readings and their meaning to you as a group counselor
- theoretical reaction to a group activity
- ideas on adapting or applying a group activity to meet your needs in working with groups
- evaluation of class session or text readings
- agreement/disagreement on content perspective

Remember, you have only 1 page in which to address 1 or 2 key points you select! Think critically about what topics have most impacted you, and in your paper, be sure to clearly, but briefly, identify the content area you are addressing and then more fully describe its importance to you. Example: if you elect to talk about a specific technique, don't describe the technique; simply name it and address why it is noteworthy to you.

The group process papers constitute 30% of the overall grade for the class. (Each paper counts as 10% or 10 points.)

10 points: Section A- maximum of 8 points; Section B – maximum of 2 points. To achieve a satisfactory level of performance on the Group Process papers, students should average 6 or more points on Section A, and 1 or more points on Section B.